

# Bløkallen

## Midøya

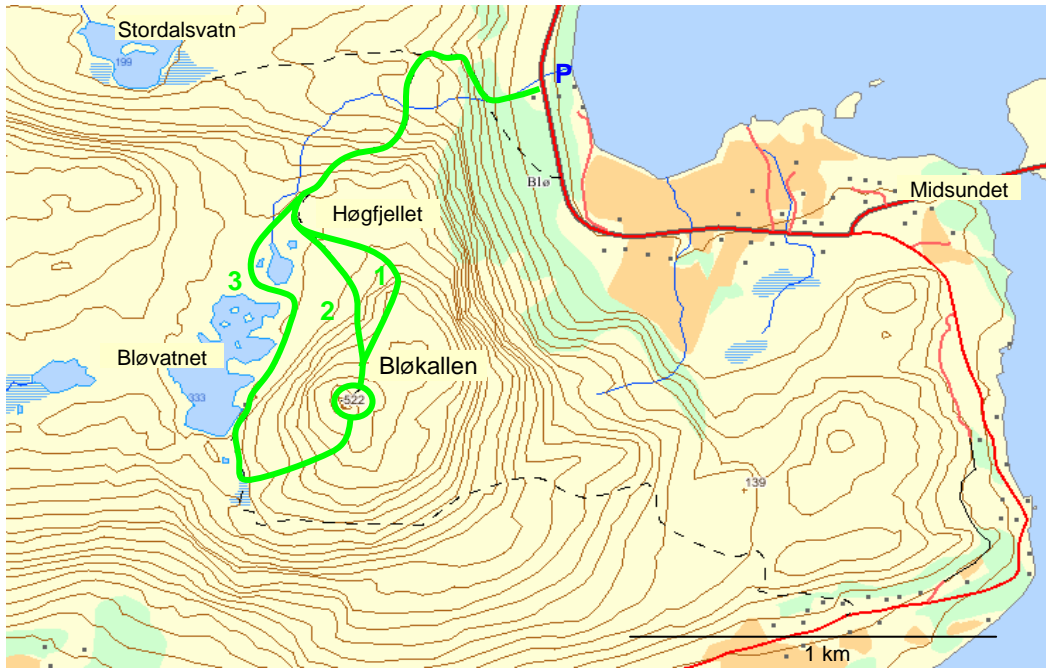


Midøya lies west of the main island, Otrøya. Here we find the mountain Bløkallen (alt. 522 metres), i.e., the mountain is the island. The ocean is on one side – the Romsdalsfjord on the other. The peak offers a marvellous view of the Romsdal alps, here from an outpost in the west. The hike offers great variety, beautiful small lakes as well as steep cliffs.

Name	Bløkallen
Our ranking	★★★★
Location	Midøya
Time (hours)	2.0 + 1.5 = 3.5
Total elevation	500 metres
View	★★★★
Direction	Easy most of the time.
Trail	Relatively dry.
Airy	A bit, some parts are fairly steep
Map reference	1220 III Brattvåg
Miscellaneous	Do not try this trip in foggy weather



View from Bløkallen towards the east. The Otrøya island is seen across the sound.



## Driving instructions

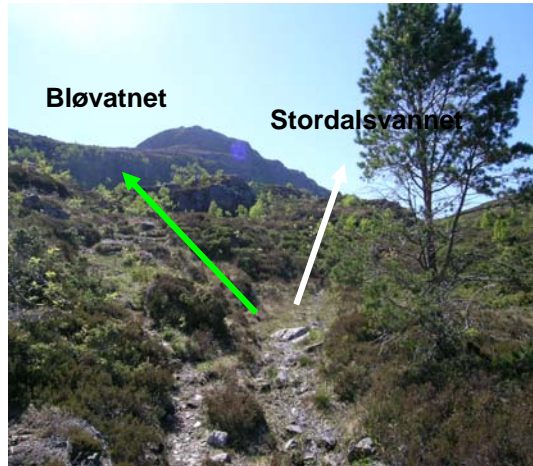
*From Solholmen:* Take to the right just after the ferry. Go all the way to the centre of Midsund, then follow signs towards Dryna. Over the bridge and continue to the next crossing. Take to the right, still towards Dryna. Drive 1.1 km (0.7 miles). Here you see a house to the right, a small barn to the left. The path starts approx 20 metres past the barn (see the picture). A small parking lot is to be found approx 50 metres onwards, on the right side of the road.



*From Dryna:* Follow signs towards Midsund. After leaving the small island of Dryna behind the road follows the north western side of Midøya, around a long bend and then southwards on the eastern side. You will now see the Midsund bridge. After approx 2 km (1.25 miles) on this side of the island you will be at the parking lot described above.

## Trail instructions

Follow the trail up through the birch trees. It turns slightly to the right (north), a good path with some small stones in the middle. Where the terrain flattens out the trail turns left (west) up through a small valley. At a pine tree (see the picture) the path splits in two. If you go straight ahead you will get to a beautiful lake (Stordalsvatnet). But we are taking the left branch towards another lake (Bløvatnet). Follow the path up another slope, through the rather thick vegetation. Eventually we arrive at a small mountain plain (Høgfjellet, at 333 metres). The peak of Bløkallen is seen straight ahead. Here you have three alternatives (see the map on the previous page and the picture on the next page):



1. *Scrambling up the "knee" on the left.* This alternative is rather steep, but there are ropes for support on the most difficult parts. A good alternative for those who like a small challenge. Start by going towards the outmost edge of the left-hand ridge. The path is marked with stones. After a while you will see the ropes that help you up the steepest parts. Up on the knee and follow the path towards the top.
2. *Short cut.* Go straight towards the peak, and find your way up the slope between the knee to the left and the top to the right. Parts of this alternative follow a trail, in other parts you have to find your way on your own, but its mostly easy going. After finding your way up the steep grassy slope you will find the path that takes you to the top.
3. *From southwest.* We go around the mountain on its right (westerly) side, and then climb the peak from the southwest. The trail varies from good to almost invisible, but it is fairly easy going. Follow the stony path straight ahead, towards the lake. Shift direction to the right ridge of the mountain. Cross the plain with a small lake to the left and the larger lake to your right, making sure that you don't go too far to the right. Walk between the lake and the mountain; past what remains of a cabin. The trail is now pressed down to the edge of the lake by the cliff to the left. On stones along the water's edge (see







picture on previous page). At the end of the lake up a small but steep slope. Follow directly south, towards the fjord on the other side. Just before you reach the edge, the rather weak path turns to the left. The path disappears in some places, but tries to follow the clefts upwards. Some scrambling on the very last part.

We recommend alternative 1) up and 2) or 3) for the trip down, if one does not want to take the same way back.

